

# Spinach Toss

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Fresh spinach is a great bed for all kinds of other dishes. FoodlandOntario and Emily Richards bring you this quick tip for preparing and serving a very versatile green.

Try this under our Chicken and Mushroom Strudel Recipe.

## Ingredients:

2 tbsp (25 mL) canola oil

1 tbsp (15 mL) apple cider or white wine vinegar

Salt and fresh ground pepper

8 cups (2 L) Ontario baby spinach

## Method:

-In large bowl, whisk together oil, vinegar, salt and pepper to taste. Toss with greens. Divide among plates and top with strudel.